

# By 6 months...

## A child typically:

- ✓ Smiles
- ✓ Cries
- ✓ Makes eye contact
- ✓ Recognizes your face/voice
- ✓ Responds to other people's facial expressions
- ✓ Enjoys cuddling and hugging
- ✓ Can feel excited, happy, relaxed or upset
- ✓ Responds to sounds, like her name or the word "no"
- ✓ Enjoys both quiet and play times
- ✓ Begins to make sounds or babble



## What kind of behavior should I be concerned about?

- Does not smile or make other facial expressions on his own
- Does not cry
- Does not respond to sounds
- Refuses to cuddle
- Is fussy and cries most of the time
- Does not babble or make eye contact

## Things to help your SIX-MONTH-OLD with his or her social and emotional development:

- ✓ Have fun with your baby by talking, reading, looking at books, singing, laughing, dancing and playing games
- ✓ Learn and be attentive to your baby's cries - this make him feel safe, it will not spoil him
- ✓ Hold and tenderly touch your baby as much as possible, especially when feeding
- ✓ Introduce your baby to interesting places, objects and sounds, while making sure he or she is safe
- ✓ Remember that babies are interested in exploring the world and want to feel safe - this is a challenge for them
- ✓ Stay close to your baby around new people
- ✓ Baby-proof your house, making it a safe place to move and explore
- ✓ Begin to stick to a daily routine - this helps him feel secure
- ✓ Talk in a soft and soothing voice, telling your baby you love her and how strong she is